

Menu

AVANTI
WEST COAST
FIRST





Breakfast

**Smoked Salmon & Cream Cheese
on Rye Bread** (213 kcal)

Porridge Bowl **V** **GF** (252 kcal)

Add a drizzle of honey. (322 kcal)

Estate Dairy Yogurts **V**

– Strawberry & Rhubarb (194 kcal)

– Passion Fruit (194 kcal)

– Cherry Compote (195 kcal)

Fresh Fruit Salad Bowl **VG** (34 kcal)

A selection of freshly prepared seasonal fruit.

Breakfast Pastries **V**

Plain Croissant (125 kcal)

Pain au Raisin (129 kcal)

Mixed Berry Danish (154 kcal)

Cheese Savoury (136 kcal)

Apple & Cinnamon Muffin **V** (345 kcal)

Lemon Drizzle Flapjack **VG** **GF** (247 kcal)

Adults need around 2000 kcal a day.

Kcal information provided is per serving/portion.

V Vegetarian **VG** Vegan **GF** Gluten Free

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur.



View calories, allergens and ingredients online

Simply scan this QR code to view on your mobile device.

If you need assistance viewing our allergens and ingredients menu, then please speak with a member of the team who'll be happy to help.



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Rest of the day

Great British Cheeseboard **V** (380 kcal)

Coastal Cheddar, Red Fox & Cornish Yarg served with celery sticks, cherry tomatoes, red grapes, country garden chutney and sourdough crackers. (Gluten-free crackers are available on request.) **GF**

Sea Salt Crisps **VG** **GF** (82 kcal)

Deliciously thick handmade crisps – grown and cooked just yards from our tracks in Staffordshire.

Garlic & Basil Olives **VG** (50 kcal)

Wild Garlic Mixed Nuts **VG** **GF** (121 kcal)

Sour Cream & Chive Crunchits **V** (55 kcal)

Tasty savoury bites made from black bean, puffed rice and edamame.

Uncle Joe's Mintball

Chocolate Brownie **V** **GF** (265 kcal)

Fresh Cake Selection **V**

Mini Victoria Sandwich (151 kcal)

Mini Treacle Tart (190 kcal)

Mini Toffee Choux Bun (106 kcal)

Shortbread Biscuit **V** (209 kcal)

Handmade, hand-wrapped, melt in the mouth shortbread. Made in North Wales, just a stone's throw from the railway line.

Popcorn **V** (97 kcal)

Baked Honeycomb Cheesecake **V** (404 kcal)

Dark Chocolate with

Himalayan Salt Bar **V** (75 kcal)



Drinks

Barista Coffee:

8oz Americano (5 kcal)

8oz Cappuccino (129 kcal)

8oz Flat White (94 kcal)

8oz Latte (129 kcal)

8oz Mocha (125 kcal)

8oz Americano White (28 kcal)

6oz Espresso (5 kcal)

8oz Decaf Coffee (0 kcal)

8oz Hot Chocolate (224 kcal)

Fresh Semi-skimmed Milk 20ml (10 kcal)

Speciality Teas (1 kcal)

Still or Sparkling Water (0 kcal)

Cawston Press Orange or Apple Juice (120 kcal)

Pepsi Max (1 kcal)

Fever Tree Light Lemonade (27 kcal)

Fever Tree Ginger Ale (27 kcal)

Fever Tree Light Tonic (23 kcal)

Remedy Raspberry Lemonade Kombucha
(7 kcal)

The Pickle House Spiced Tomato Mix (30 kcal)



From the bar

Spirits	25cl	50cl		
Vodka	£4.70	£8.90		
The Lakes Vodka	£5.80	£10.50		
Bombay Sapphire Gin	£4.70	£8.90		
Forest Gin	£6.30	£10.50		
Guest Specaility Gin (please ask for details of our latest guest Gin)	£6.30	£10.50		
Whitley Neill Rhubarb & Ginger Gin	£5.30	£9.50		
Famous Grouse Whisky	£4.70	£8.90		
The Lakes One Fine Blended Whisky	£5.80	£10.50		
Johnnie Walker Red Label	£4.70	£8.90		
Bacardi Rum	£4.70	£8.90		
Havana Club 7yr Rum	£5.80	£10.50		
Cockburn's Fine Ruby Port	£4.80	£9.40		
Courvoisier	£5.30	£9.50		
Cocktails	25cl	50cl		
Bloody Mary	£4.70	£8.90		
Beers	330ml			
Meantime IPA		£4.60		
Peroni Nastro Azzurro		£4.60		
Caple Road Cider		£4.20		
	440ml			
Tilting Ale		£4.60		
Wines	125ml	200ml	250ml	750ml
Pinot Grigio	£3.80	-	£6.80	£17.50
Chenin Blanc	£4.20	-	£7.40	£19.00
Sauvignon Blanc	£4.20	-	£7.40	£19.00
Shiraz	£4.20	-	£7.40	£19.00
Malbec	£4.40	-	£7.90	£20.00
Garnacha Rosado	£4.00	-	£6.80	£17.50
Prosecco	-	£6.50	-	-
La Besserat Grande Champagne	-	-	-	£32.00

Suppliers along our route

We've teamed up with a lovely bunch of local suppliers, handpicked to deliver some of your delicious and responsibly sourced refreshments onboard and in our lounges. Most can be found along our route which helps to reduce our footprint, minimise food waste and work together on more sustainable packaging.



Our supplier stories

Brew Tea Co.

Founded by husband-and-wife team Phil and Aideen Kirby, they create all our lovely teas in their Tea HQ over in Manchester. Treat yourself to one today.

Forest Distillery

This unique distillery is based out of a 17th century barn, nestled 1200ft above sea level in the Peak District National Park. We've collaborated with the team at Forest Distillery to create a unique gin blend which can be found in First Class called Forest to First. Try some today with a dash of refreshing tonic.

The Pudding Compartment

Not far from our tracks in North Wales, Steve and the team at The Pudding Compartment are busy creating the muffins and shortbread for our lounges, plus cakes and biscuits served on board and in our shop. They support many other businesses in the area by buying lots of their ingredients locally.

To find out more about our amazing suppliers visit

<https://www.avantiwestcoast.co.uk/travel-information/onboard/supplier-stories>

Euston FCL
Winter 2024/5