

Menu

Euston FCL
Spring 2025

AVANTI
WEST COAST
FIRST





Adults need around 2000 kcal a day.

Kcal information provided is per serving/portion.

V Vegetarian **VG** Vegan **GF** Gluten Free

Please be aware that our food may contain or come into contact with common allergens, such as dairy, eggs, wheat, soybeans, tree nuts, peanuts, fish, shellfish or wheat. While we take steps to minimize risk and safely handle the foods that contain potential allergens, please be advised that cross contamination may occur.

View calories, allergens and ingredients online [here](#)

If you need assistance viewing our allergens and ingredients menu, then please speak with a member of the team who'll be happy to help.

Breakfast

Smoked Salmon & Cream Cheese on Rye Bread (165 kcal)

Porridge Bowl **V** **GF** (252 kcal)

Add a drizzle of honey. (322 kcal)

Estate Dairy Yogurt **V**

- Strawberry & Rhubarb (195 kcal)

- Passion Fruit (194 kcal)

- Lemon Curd (214 kcal)

Fresh Fruit Salad Bowl **VG** (34 kcal)

A selection of freshly prepared seasonal fruit.

Breakfast Pastries **V**

Plain Croissant (125 kcal)

Pain au Raisin (129 kcal)

Mixed Berry Danish (154 kcal)

Cheese Savoury (136 kcal)

Lemon & Poppy Seed Muffin (375 kcal)

Lemon Drizzle Flapjack **VG** **GF** (247 kcal)

Rest of the day

Cheese & Crackers **V** (278 kcal)

Red Fox aged Red Leicester and Blackstone Vintage Cheddar, sun-blushed tomatoes, plum & ginger chutney, a juicy balsamic pickled onion and sourdough crackers.

(Gluten-free crackers are available on request.) **GF**

Sea Salt Crisps **VG** **GF** (109 kcal)

Deliciously thick handmade crisps – grown and cooked just yards from our tracks in Staffordshire.

Garlic & Basil Olives **VG** (50 kcal)

Wild Garlic Mixed Nuts **VG** **GF** (121 kcal)

BBQ Crunchy Corn Nibbles **VG** **GF** (100 kcal)

Uncle Joe's Mintball Chocolate Brownie **V** **GF** (265 kcal)

Fresh Cake Selection **V**

Mini Victoria Sandwich (151 kcal)

Mini Lemon Tart (152 kcal)

Mini Raspberry Choux Bun (79 kcal)

Shortbread Biscuit **V** (217 kcal)

Handmade, hand-wrapped, melt in the mouth shortbread. Made in North Wales, just a stone's throw from the railway track.

Popcorn **V** (97 kcal)

Salted Caramel Cake Slice **VG** (757 kcal)

Dark Chocolate with Himalayan Salt Bar **V** (75 kcal)



Hot drinks

Barista Coffee:

8oz Americano (5 kcal)

8oz Cappuccino (129 kcal)

8oz Flat White (94 kcal)

8oz Latte (129 kcal)

8oz Mocha (125 kcal)

8oz Americano White (28 kcal)

6oz Espresso (5 kcal)

8oz Decaf Coffee (0 kcal)

8oz Hot Chocolate (224 kcal)

Fresh Semi-skimmed Milk 20ml (10 kcal)

Speciality Teas (1 kcal)

Soft drinks

Still or Sparkling Water (0 kcal)

Orange or Apple Juice (102 kcal)

Pepsi Max (1 kcal)

Fever Tree Light Lemonade (27 kcal)

Fever Tree Ginger Ale (27 kcal)

Fever Tree Light Tonic (23 kcal)

Remedy Raspberry Lemonade Kombucha
(7 kcal)

The Pickle House Spiced Tomato Mix (30 kcal)

From the bar

Spirits		25cl	50cl	
Vodka		£4.70	£8.90	
The Lakes Vodka		£5.80	£10.50	
Bombay Sapphire Gin		£4.70	£8.90	
Forest Gin		£6.30	£10.50	
Guest Specaility Gin (please ask for details of our latest guest Gin)		£6.30	£10.50	
Whitley Neill Rhubarb & Ginger Gin		£5.30	£9.50	
Famous Grouse Whisky		£4.70	£8.90	
The Lakes One Fine Blended Whisky		£5.80	£10.50	
Johnnie Walker Red Label		£4.70	£8.90	
Bacardi Rum		£4.70	£8.90	
Havana Club 7yr Rum		£5.80	£10.50	
Cockburn's Fine Ruby Port		£4.80	£9.40	
Courvoisier		£5.30	£9.50	
Cocktails		25cl	50cl	
Bloody Mary		£4.70	£8.90	
Beers			330ml	
Meantime IPA			£4.60	
Peroni Nastro Azzurro			£4.60	
Caple Road Cider			£4.20	
			440ml	
Tilting Ale			£4.60	
Wines	125ml	200ml	250ml	750ml
Pinot Grigio	£3.80	-	£6.80	£17.50
Chenin Blanc	£4.20	-	£7.40	£19.00
Sauvignon Blanc	£4.20	-	£7.40	£19.00
Shiraz	£4.20	-	£7.40	£19.00
Malbec	£4.40	-	£7.90	£20.00
Garnacha Rosado	£4.00	-	£6.80	£17.50
Prosecco	-	£6.50	-	-
La Besserat Grande Champagne	-	-	-	£32.00

Suppliers along our route

We've teamed up with a lovely bunch of local suppliers, handpicked to deliver some of your delicious and responsibly sourced refreshments onboard. Most can be found along our route which helps to reduce our footprint, minimise food waste and work together on more sustainable packaging.



Our supplier stories

Brew Tea Co.

Founded by husband-and-wife team Phil and Aideen Kirby, they create all our lovely teas in their Tea HQ over in Manchester. Treat yourself to one today.

Forest Distillery

This unique distillery is based out of a 17th century barn, nestled 1200ft above sea level in the Peak District National Park. We've collaborated with the team at Forest Distillery to create a unique gin blend which can be found in First Class called Forest to First. Try some today with a dash of refreshing tonic.

The Pudding Compartment

Not far from our tracks in North Wales, Steve and the team at The Pudding Compartment are busy creating the muffins and shortbread for our lounges, plus cakes and biscuits served on board and in our shop. They support many other businesses in the area by buying lots of their ingredients locally.

To find out more about our amazing suppliers visit

avantiwestcoast.co.uk/travel-information/onboard/supplier-stories